

CONNECTIONS DAY – Term 3 2024 Dave Wood / Tabitha Leonard



WPA

Waikato Principals' Association

Date: Thursday 29th August, 2024
Venue: FMG Stadium 128 Seddon Road, Frankton, Hamilton 3204
Parking: Car park off seddon road

Programme:

8:30 Coffee and networking with colleagues

8.45 Start: Welcome / Admin

Business Partners: Ricoh - Nicky

ASB - Phillipa

[Dave Wood Website Available Here](#)

9:00 - 10:00 Dave Wood - Integrated Training for sustainable peak performance

Dave is a specialist in stress mitigation, recovery and mental preparedness for athletes, innovators, leaders and those in the pursuit of optimising their health and performance.

Dave combines theory-based knowledge and practical experiences gained from 12 years as an Intensive Care Paramedic and Professional Ocean Lifeguard.

Dave mentors some of the world's most elite level athletes in a diverse range of sports from the UFC, sailing and football, to name just a few. He has worked alongside organisations and companies, ranging in professions from lawyers, firefighters, navy personnel and web designers. (BIO ATTACHED)



10.00 - 10:15 *BUSINESS PARTNERS CONGRESS*

10:15 Morning Tea

10.40 *Business Partners: Kukri - Sean*

Footsteps - Kate

[Tabitha Leonard Website Available Here](#)

10:40 - 12:10 Tabitha Leonard - High-Performance Coach. Cultivating those habits and mindsets that enhance efficiency and effectiveness by unveiling the Power of High-Performance Middle Leaders

The traditional methods of supporting middle leaders are no longer sufficient. Schools face challenges such as high staff turnover, constant firefighting, and overwhelming workloads. Redefining support for middle leaders is essential to thriving in this environment.

In this keynote, we will explore the concept of high-performance habits within educational contexts, drawing from research by The High-Performance Institute. We'll delve into the five core habits that distinguish high-performing middle leaders and provide actionable strategies to cultivate these habits. By nurturing these habits, attendees will enhance leadership effectiveness and drive positive educational outcomes in their schools.



12.10 Business Partners: *Playground Creations - Maree*

Autex - Aaron

12:15 Lunch

12:55 Business Partners: *Tiger Turf - George*

Linewise - Saunil

1.00-2:30 Tabitha Leonard Session #2

In this workshop, we'll build upon the insights from the keynote by exploring the five core habits that characterise high-performing middle leaders. Through interactive sessions and practical exercises, participants will learn actionable strategies to foster these habits within themselves and their teams.

We'll challenge the status quo by exploring innovative approaches to elevating school performance. It's crucial to emphasise that this isn't about having more resources like time or money. Instead, it's about intentionally leveraging specific habits and mindsets to boost efficiency and effectiveness.

2:30 Wrap up and thank you's

Click here to book your place online: [Register by Clicking Here](#)



Join Tabitha Leonards Middle Leadership Research.

I'm looking for ten schools to collaborate on a game-changing research project on high-performance habits among school middle leaders.

Why Should You Jump In?

- **Combat Burnout and Stress:** Your participation could provide valuable insights into overcoming the challenges of burnout and stress educational leaders face. By sharing your experiences and strategies, you can help develop effective solutions to support leaders in maintaining well-being and resilience.
- **Let's shed some light on what really makes great leaders tick in our schools.**
- **Enhance Educational Outcomes:** Your input could lead to the development of targeted interventions and strategies to enhance leadership capacity and improve educational outcomes.

What's Involved?

- **Participants:** Middle leaders in education and their direct line managers.
- **Data Collection:** Semi-structured interviews will be conducted with middle leaders to explore their understanding of high performance and to assess their demonstration of the identified habits.
- Interviews will also be conducted with their direct line managers to gather insights into their perceptions of high performance among middle leaders.

I have added the information to this email, [which you can access here.](#)

Where possible, I would like to start interviewing this term where possible.